



**PSSR Marketing**

We will continue to market PSSR so that everyone in the community is aware of the lessons that we offer. We will be at Stud Park Shopping Centre on the following dates:

- Saturday 12<sup>th</sup> December
- Saturday 19<sup>th</sup> December

Grab a balloon and say hi to our friend Swordy!

**Make Ups**

We appreciate a phone call or advice if swimmers are unable to attend their regular classes so that we can utilise these spots for others needing make-up lessons. Please note our make-up policy: Any make-up cancelled within 48 hours of the lesson being taken can be re-booked at another time. Cancellations with less than 48 hours notice are forfeited.

**Staff Recruitment**

Are you interested in working at PSSR???? We would love to hear from you! Please see reception for an application form or email your resume to [seona.wheeler@paulsadlerswimland.com](mailto:seona.wheeler@paulsadlerswimland.com)

**Personal Details**

To help us keep our records up to date, we would appreciate your advice if you have recently changed any of your contact details.

**Merchandise**

Start your Christmas Shopping early  
Check out our great range of swimming gear  
These make great stocking fillers



**Swordy Says:**

Swordy says: Welcome to Term 4, 2009. The colder weather is now behind us and the sun is shining. Get the bikini's and boardshorts out and let's start to enjoy the warmer weather.

**Swordy Speaks  
PSSR Family Newsletter  
"Swimland kids -  
Summer Fun"**

Congratulations to The Cartwright family who were the winners of our Early Bird Prize draw in Term 3. They were the lucky recipients of a VIP car park and a \$500 Flight Centre gift voucher.



**The lucky winners of our end of Term 3 draw are:**

- 1<sup>ST</sup> Prize - 1/2 Price Term Fees  
Zach Ah-Tye
- 2<sup>nd</sup> Prize - FREE Holiday Program  
Isabella Hosken
- 3<sup>rd</sup> Prize - \$50 Merchandise Voucher  
Calen Bates

Congratulations to all!!



October  
Term 4, 2009





### Staff Farewells

Good luck and best wishes to Jake Lacey, Sarah Palmer and Christian Farinaccio who are leaving us to pursue other interests and opportunities. They will be sadly missed and we wish them well.

### Staff Personal Development

Congratulations to proprietor Kelly Pollock and Assistant Manager Seona Wheeler who have presented and attended the World Aquatic Babies Conference in Vancouver, Canada. We're very proud of the Paul Sadler Swimland philosophy of staying at the forefront of teaching swimming.

### Water Safety Week

*Monday 30<sup>th</sup> November – Sunday 6<sup>th</sup> December*

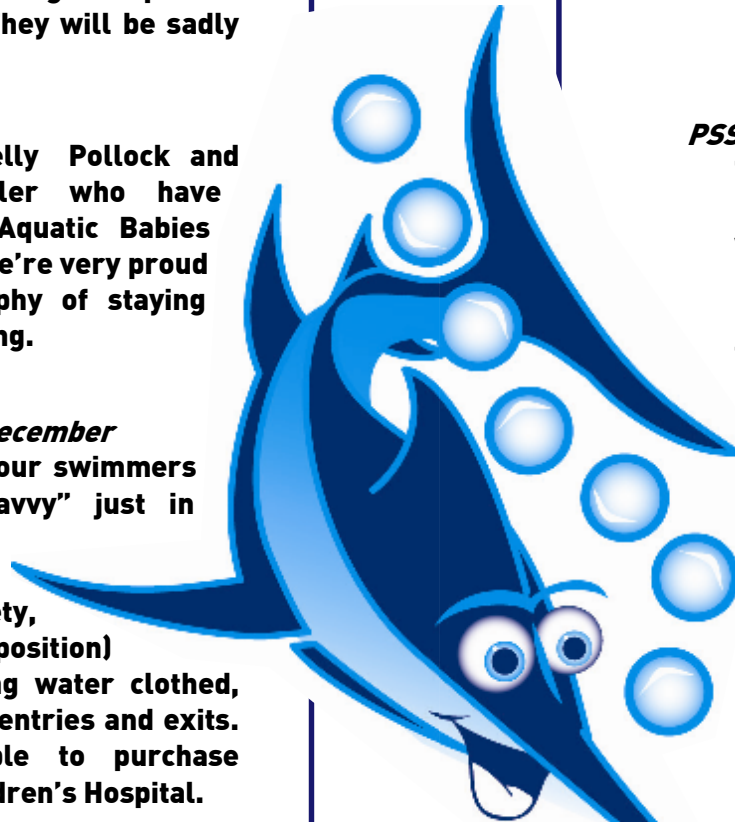
During this week we will be giving our swimmers the chance to get "water safety savvy" just in time for summer. The sessions will include; Reach rescues - using a rigid object to pull someone to safety, HELP - (heat escape lessening position) when wearing a life jacket, treading water clothed, sculling - to preserve energy, safe entries and exits. Barbequed sausages will be available to purchase this week in support of the Royal Children's Hospital.

### Christmas Week

*Monday 14<sup>th</sup> December – Sunday 20<sup>th</sup> December*

In the last week of term a great range of games are to be enjoyed by everyone. Come and sing along to your favourite Christmas carol!

Swordy will be visiting us during Water Safety week and also the last week of Term 4, Christmas theme week. Come and give him a big cuddle or shake his hand as he is walking around pool deck.



### Squad Wrap

#### *PSS Relay Day*

Congratulations to the 48 participants who represented Rowville with great spirit and pride.

#### *PSSR Top Gun Saturday 24<sup>th</sup> Oct*

Top Gun is a special event to identify our fastest 1500m swimmers. Open to all Squad members, we encourage everyone to work on their best 1km time. The fastest 6 junior and 6 senior male and female 1km swimmers will qualify for this event.

#### *Gold Swims*

Saturday 5<sup>th</sup> & Sunday 6<sup>th</sup> December

3, 4, 5, 6km 2.30 pm PSSR

Saturday 7<sup>th</sup> November

8 km, 10km, 12km, 5 hour

#### *Aggregate PB challenge*

Sunday 15<sup>th</sup> November 2.30pm PSSR

#### *PSSR presentation night*

Sunday 13<sup>th</sup> November 5pm

Rowville Secondary College Eastern Campus

### Swimland Swim Club

Please see Marcus Johnson for all swim club information or enquiries.

He can be contacted on 9764 5759

### Key Term 4 dates

There is one public holiday during Term 4 (Tuesday 3<sup>rd</sup> November - Melbourne Cup Day). The term will end on Sunday 20<sup>th</sup> December.