

# Paul Sadler Swimland Newsletter



## Carrum Downs

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## TERM 2

Welcome back to Term 2. We hope you had a great Easter break with your family. Our focus for this term is 'Water Safety – A year round commitment'. We often notice a lack of enrolments and a large number of cancellations during Term 2 so we are asking that you consider the benefits of year round swimming tuition. One of the most common concerns parents have is that their child will get sick during the cooler months. Swimming lessons is one of the only forms of activity that your child can take part in, within a controlled environment. Many other sports require your children to be exposed to the elements during outside activity. Our water is heated to 32 degrees and our pool deck to 27 degrees all year round and our pool water is tested 3 times daily to ensure our chlorine levels are at an appropriate level to ward off germs and nasties.



"the survival specialists"

## FUNDRAISING & CHARITY

Thankyou to everyone who bought a hot dog during in Term 1. With your support we managed to raise \$1132 for the Royal Children's Hospital. Our fundraising goal for 2008 is \$10,000. A big thankyou to those of you who sponsored our staff in the Run for the Kids event. We had 8 staff members take part in what was a very enjoyable day.

## PARKING

After many concerns from Peninsula bus services, we feel the need to ask you to refrain from parking in the bus zone on Hall Road. It is actually illegal and can result in a fine. Parking on the nature strip is also discouraged next to the bus zone. Thankyou for your assistance.

## THE ROLE OF THE DECK SUPERVISOR

The Deck Supervisors are the staff on poolside wearing the red polo shirts. They are there to assist you with any questions you may have regarding our program or the progression of your child, to ensure our high quality of lessons is maintained, to administer first aid if required and to assist the teachers in delivering high quality swimming tuition.

It is the aim of the Deck Supervisors on each shift to provide parents with information about how their child is progressing and to act as a liaison for communication between the parent and the teacher.

So, if you have not spoken to your deck supervisor and you have questions, feel free to approach them and gain some valuable insight into your child's journey at Paul Sadler Swimland Carrum Downs.





## STAFF IN FOCUS: LYNDALE LESLIE

How many years have you been teaching swimming?

3 years

What is the best thing about working for Swimland?

Everyday is different and everyday presents a new challenge

What is the most challenging part of your job?

Having to remember so many names of parents and children.

Your favourite level to teach?

Swordy tots and kinders

Your personal motto?

What doesn't kill you makes you stronger

One place in the world you would like to visit?

The Greek Islands

Goals for the next 12 months?

In June I am going to the USA to work for 8 weeks at a summer camp in Pennsylvania and then I will be traveling for 3 weeks. After that I will continue to work at Swimland and eventually complete my degree at university.

What would you be doing if you weren't teaching swimming?

Probably studying and doing some more travel.



## SWIMLAND SQUAD

As this term is our distance term, many swimmers have the opportunity to participate in our 3, 4, 5, 6, 8, 10 or 12 kilometre swims and the Carrum Downs Top Gun 1500m race. Look around the pool or ask at reception for the dates of these events.

Extra training sessions for the distance swims will be held at Carrum Downs from 6:30am to 7:30am on the mornings of:

Mondays 26th May & 2nd June, Wednesdays 28th May, 4th & 11th June, Fridays 30th May, 6th & 13th June.

### SQUAD PRESENTATION NIGHT

Presentation Night for all squad swimmers will be at Carrum Downs Secondary College on Tuesday the 24th of April from 7.30pm onwards.

## FUN FACT:

### WHY DO WE FLOAT?

The human body seems big and heavy, but it is less dense than the water it displaces. This is partly because our bodies contain fat, and partly because our lungs, like balloons, are full of air.

## SWIMLAND SWIM CLUB

Did you know.....

We have swimmers that have graduated from our Learn To Swim program who have joined the swimming club and have recorded official State Qualifying times at registered swim meets. These swimmers train in our very own pool and we are very proud of their achievements. State Qualifying times enable swimmers to compete at State Level in age championships.

In our first year as SSC we have 34 swimmers from our Carrum Downs squads as club members. Seven of these swimmers have recorded State Qualifying times along with most others recording times recognised by Swimming Australia under the Junior Excellence program. All club members have had a go at swimming various distances in each stroke, and a list of all their times and PB's are posted on the SSC notice board.

Well done to all the SSC swimmers for season 2007/2008. The new season starts on the 1st May. If you require any information, please email our site co-ordinator Julie Jansz. [julie.jansz@paulsadlerswimland.com](mailto:julie.jansz@paulsadlerswimland.com)

