



PAUL SADLER SWIMLAND ESSENDON NEWSLETTER

- EDITION 2: TERM 1 2008 -

Welcome for Term 1 2008, we hope everybody has enjoyed the summer break and spent quality time with their families and loved ones.

Please check the whiteboard located in the entrance foyer for class information, upcoming events, and Swordy visits.

WHAT'S ON TERM 1?

MOONEE VALLEY FESTIVAL: PSS Essendon & Swordy will be attending the Moonee Valley Festival on Sunday 24th February.

CHALLENGE CLUB FUNDRAISER: Our challengers will be putting on a sausage sizzle during this term to add to sponsorship money raised for the Run for the Kids event - stay tuned for dates! You can find out more about Swimland's Challenge Club in the fundraising section of the newsletter.

EASTER WEEK (Friday 14th – Thursday 20th): To finish off the term, a nice Easter surprise for all our swimmers!

MAKE-UP DAYS

We will again be offering dedicated make-up sessions for families who may find it difficult to attend a make-up class during the week. These make-up sessions will be held on:

Week 3 – Sunday 17th February

Week 5 – Sunday 2nd March

Week 7 – Sunday 16th March

Please book make-ups at reception.

LOST PROPERTY

Please check the blue 'lost property' hampers located on the window side of the pool deck for misplaced items. There are 2 bins containing items from the previous 2 weeks and a separate bin for squad swimmers training fins which have been left behind (Please label training fins & water bottles used for squad sessions). Misplaced goggles are located in the Certificate Writer area of reception. Please speak to a receptionist or deck supervisor in regards to lost goggles.

FUNDRAISING AT PAUL SADLER SWIMLAND ESSENDON

Thank you to all families who supported our fundraising events for the Royal Children's Hospital during 2007. Our fundraising total for 2007 through our Challenge Club – Run for the Kids, Term 2 Hot Dog week, Term 3 Footy & Hot Dog week and Christmas raffle is **\$7500**.

We would especially like to acknowledge the following people and businesses for their contributions to the Christmas raffle:

Joe & Eve Cavallo – **Cartridge World Sunbury**, Geoff & Cheryl Moran – **Strathmore's Lots Of Lollies**, Jeanette Matthews, **Pro Am Australia**, **Office National**, **Frost promotions**, Belinda Wilson – **Rav** (swim accessories)

A big CONGRATULATIONS to the Christmas raffle winners, the Belling-Garwood, Castello, and Xuereb-Graham families.

PAUL SADLER SWIMLAND CHALLENGE CLUB – TERM 1 FUNDRAISER

Over the past 7 years Paul Sadler Swimland staff members from 11 sites have been encouraged to get involved in "Challenge Club". Each year a challenge is set for staff to participate in and raise money for the Royal Children's Hospital through sponsorship of the events. Past events have included triathlons, Relay for Life, 5km swim and the Run for the Kids.

In March, 2007 over 100 staff members from 10 sites & Swordy participated in **Challenge No.6: Herald Sun: Run for the Kids** completing a 4.5km run and many tackling the 15.2km Citylink run. We are taking up this challenge again and will be running our way through the 14.14 & 5.76 km courses on March 30. Please get behind this years 'challengers' by way of sponsoring your child's instructor or the collective team. See reception to sponsor the 2008 Challenge Club team and please leave your details as receipts will be provided for all donations of \$2 or more (tax deductible). All sponsorship goes to the Royal Children's Hospital Good Friday Appeal. Participating staff will be involved in organizing a sausage sizzle weekend on Saturday 15th and Sunday 16th March to add to sponsorship money raised.



SQUAD NEWS

CONGRATULATIONS TO OUR 86 SWORDY 1KM MEDALLISTS!

We had 86 squad swimmers complete a 1km swim for the very first time during term 4 2007! We consider the 1km medal our “Year 12 of swimming” and it is our aim for every child at Swimland to achieve this feat with our support. Well done guys!

CONGRATULATIONS TO OUR GOLD SWIM PARTICIPANTS!

Last term 36 very dedicated squad swimmers undertook extra training to complete Gold Swims ranging from 3km – 12km:

3km Gold Swim: Jun Osumi, Jessica Dalglish, Mikaela Forgione, Ellen Wright, Lachlan Arthur, Nikki Balta, Olivia Colasurdo, Rebecca Singleton, Riley Scarce, Jakob Shaw, Connor Rennison, Leah Moriarty, Lloyd House, Luca Vecchio, Sophie Christopoulos, Bianca Stipic,
PHOTO: 3KM SWIMMERS AT PRESENTATION NIGHT



4km Gold Swim: Ebony Panozzo, Katherine Mackinnon, Nathan Koulouris, Niamh Cashin, Jarrad Mezzadra, Chris Horomidis, Luke Iannello, Viktoria Tsiatsias

5km Gold Swimmers: Christopher Tormey, Hayden Smith

6km Gold Swimmers: Emma Snibson, Justin White, John Iannello, Maria Phlorides, Michele Iannello

8km Gold Swimmers: Kaitlin Snibson, Meg Tormey, Jackson Howard

12km Gold Swimmers: Jack Hurley, Eric Chew

CONGRATULATIONS TO OUR TOP GUN WINNERS!

Swimmers with the fastest 1km time trials competed in the Top Gun event, a 1500m freestyle swim. Our winners were: **Snr Top Gun Male:** Stuart Robinett
PHOTOS: TOP GUN WINNERS AT PRESENTATION NIGHT



Jnr Top Gun Female
Rachelle Silvestro



Jnr Top Gun Male
Joshua White



Snr Top Gun Female
Sarah Gallucci

CONGRATULATIONS TO THE GOLD COMPETITION WINNER – JACK HURLEY!

“Go for Gold” competition rewards Gold Squad swimmers with points for improvement in times, attendance, hard work, and participation in a Gold Swim. Well done Jack!



SUB-CLUB TERM IS UNDERWAY! The focus in squad this term is on sprinting and stroke development which enables swimmers to improve their strength, speed and swimming technique. All swimmers are rewarded for trying to beat their personal best time. Good luck to all our squad swimmers.

SWIMLAND SWIM CLUB

The Swimland Swim Club strives to enable every participant to achieve excellence in swimming, while developing the confidence, team skills and discipline that a healthy, competitive environment supports. Swimmers who have received their Pumpkin certificate are eligible to join the Swimland Swim Club. The uniform includes a t-shirt, bathers, shorts and swim cap.

Swimland Swim Club is a non-profit organization. Club fees provide members with: a professional coaching structure, including support to prepare for competitions; intra-club racing, including 'Personal Best' nights and competition between other PSS sites; inter-club racing; participation in local, district, state and national competitions as conducted by Swimming Victoria; awards and presentations; and social activities. Check the glass cabinet above the grandstand or speak to your coach for more club information.

RE-ENROLMENT DATES FOR T2, 2008

Re-enrolment must be finalized by **Thursday 20th March** to guarantee your spots for Term 2 2008. Please see reception for confirmation and payments. If you have any concerns regarding term fees or your enrollment for term 2 2008 etc. please don't hesitate to speak to a deck supervisor prior to the end of term.

EARLY BIRD SPECIAL!!!

For all families who re-enroll by the end of Week 6 (Sunday 2nd March), You will be entered into a draw for a free term of lessons. So beat the rush and good luck!

CONGRATULATIONS TO THE RANDELLO FAMILY WHO WON THE WESTIN HOTEL VOUCHER (valued at \$400) AND THE RESSIA FAMILY WHO WON THE DRAW FOR A FREE TERM OF SWIMMING with our Term 1 early re-enrolment incentive.

HOLIDAY PROGRAM

The Autumn Holiday Program will be running Mon 31st March – Fri 4th April, the second week of the school holidays. The holiday program involves a 5 day intensive program for pre-schoolers, learn to swim & squad children. The program is now open for booking, please see reception for available classes and times. There are limited positions for squad so please book early.

Please note the change to 2008 Holiday Programs. All programs will take place in the 2nd week of the school holidays – check the 2008 Calendar for details.

Thanks again for your support and commitment through 2007, we look forward to 2008 being a great year at Paul Sadler Swimland Essendon!