Swordy Speaks

SWORDY SAYS:

Welcome to Term 4, 2010. The colder weather is now behind us and the **sun is shining. Get the bikini's and boardshorts out and let's start to enjoy** the warmer weather.

TERM 4

EARLY BIRD PRIZE WINNER

1st Prize - Congratulations to The Scott family who were the winners of our Early Bird Prize draw for Term 4. They were the lucky recipients of a VIP car park and a $1000 Coles Myer gift card.
2nd Prize - $500 Coles Myer gift card - Lisa Ross (Tyler & Casey)
3rd Prize - $250 Coles Myer gift card – Lucy Woolmore (Leah & Will)

THE LUCKY WINNERS OF OUR END OF TERM DRAW

1st Prize - $250 Coles Myer Gift Voucher
Andrea Fillingham (Charlotte, Cameron and James)
2nd Prize - Free Term of Swimming - Michelle Davies (Hudson)
3rd Prize - Free Holiday Program - Sophie Bui (Christopher)

Congratulations to all!!

TERM 1

EARLY BIRD DRAW

All clients who re-enrol and pay Term 1 fees by Sunday 5th December will go in the Early Bird draw to win some very exciting prizes!
1st Prize - $1000 Coles Myer Voucher and VIP car park
2nd Prize - $500 Coles Myer Voucher
3rd Prize – $250 Coles Myer Voucher
You will also be entered into our end of Term draw

END OF TERM DRAW

1st Prize - $250 Coles Myer Voucher
2nd Prize - Free Term of Swimming
3rd Prize – Free Holiday Program

Term 1, 2011 enrolments are due by Sunday 19th December, 2010. On receipt of Term 1 fees your chi**ld's position will be confirmed** and you will be entered into the end of term draw.Please speak to one of our friendly receptionists if you require any further information.

Jonah and Vanessa Scott: Early Bird Payment Competition winners.

Term 4, 2010 ends
Sunday 19th December

(All makeups to be used by this date)

The pool will be closed from Monday 20th December – Sunday 9th January

Term 1, 2011
Thursday 27th January – Sunday 10th April

Thursday – Sunday
(11 weeks)

Tuesday and Wednesday
(10 weeks)

Monday
(9 weeks)

Labor Day Public Holiday
Monday 14th March
(Pool closed)

JANUARY SCHOOL HOLIDAY PROGRAM

Week 1 - Monday 10th - Friday 14th January
Week 2 - Monday 17th - Friday 21st January

Enrolments are now being taken for the January School Holiday Program. Be sure to get in early as places fill fast.

$69 for 5 days of intensive swimming
$98 for 10 days of intensive swimming

SUPER SATURDAY

PSSR is excited to now offer classes all day on Saturdays. Classes run from 8.00 am until 4.00 pm. We have Swordy Tot and Learners classes available throughout the day. Our recently opened afternoon classes currently still have numerous vacancies. A great time to do makeup classes or make a permanent change!

SWORDY PHOTOS

Don't miss this fantastic opportunity to have your child's photo taken with Swordy after your swimming lesson. Great value at $8.00 per photo. All **money raised will be donated to the Royal Children's Hospital.** Help us raise $20,000 in 2010!

WATER SAFETY WEEK

Fence the pool, shut the gate**, teach your kids to swim IT'S GR**EAT, supervise, watch your mates and learn how to resuscitate. During this week we will be participating in the National PLAY IT SAFE BY THE WATER week. Lessons will be modified to include more water safety and survival activities. Kids Alive Doing the Five goes a long way to educating us all on how to stay safe around water.

CHRISTMAS WEEK

In the last week of term a great range of activities are to be enjoyed by everyone. Come and sing along to your favourite Christmas carol! Barbequed sausages will be available to purchase this week in support of **the Royal Children's Hospital.**

STAFF RECRUITMENT

Are you interested in working at PSSR???? We would love to hear from you! Check out our website and apply online at paulsadlerswimland.com

PSSR MARKETING

We will continue to market PSSR so that everyone in the community is aware of the lessons that we offer. We will be at Stud Park Shopping Centre on the following dates:

Saturday 4th December
Saturday 11th December

Grab a balloon and say hi to our friend Swordy!

Term 4 Event Dates

Swordy Photos – Week 6
Monday 8th – Sunday 14th November

Water Safety Week – Week 9
Monday 29th November – Sunday 5th December

Christmas – Week 11
Monday 13th – Sunday 19th December

PSSR would like to congratulate our Manager Marcus and his wife Bec on the safe and very exciting arrival of

BABY DELILAH!!!!!

Born Wednesday 27th October
Mum, Dad and Delilah
are very happy and healthy!

SQUAD WRAP

PSS RELAY DAY

A selection of 50+ squad swimmers will be representing PSSR at its annual relay day. Congratulations to the participants who will be representing Rowville with great spirit and pride on Relay Day this Sunday.

PSSR TOP GUN

Top Gun is a special event to identify our fastest 1500m swimmers. We encourage everyone to work on their best 1km time with the fastest 6 junior and 6 senior male and female 1km swimmers qualifying for this event.

GOLD SWIMS

Gold Swims are an event where our squad swimmers are given the opportunity to tackle a long distance swim ranging from 3km, 4km, 5km and 6km. Each swimmer will be given a training program and asked to complete a variety of sessions in preparation for their big swim. Good luck to everyone participating in these swims.
Congratulations to all swimmers who recently achieved an 8 km, 10km, 12km and 5 hour Gold Swim.

AGGREGATE PB CHALLENGE

The Aggregate PB Challenge is an e**xcellent introduction to racing in a 'no pressure" fun atmosphere. Good luck to all participants. Please** remember to RSVP by Wednesday 24th November.

PSSR PRESENTATION NIGHT

We look forward to rewarding our squad swimmers at our biannual presentation night. Gold Swims, Top Gun and Sprint Star are some of the exciting awards we give out.

SWIMLAND SWIM CLUB

Please see Josh Farragher for all swim club information or enquiries. He can be contacted on 9764 5759 or emailed at josh.farragher@paulsadlerswimland.com

SUMMER FUN COMBO – November only – Save 20%

Purchase a Swim Belt and Disk Arm Bands together and save!!!
To help our families prepare for the warmer weather we are offering a 20% discount when you purchase a Swim Belt and Disk Arm Bands during the month of November.
This combo will help maintain consistency with your child's lessons and build their confidence in the water while you swim over summer!
Purchase your SUMMER FUN COMBO from our reception team!

SQUAD – Term 4 Event Dates

Relay Day -
Sunday 7th November
2.30 pm
Richmond Aquatic Centre

Top Gun -
Sunday 14th November
2.15 pm

All Star Top Gun -
Saturday 20th November
10.30 am

PB Aggregate Challenge -
Sunday 28th November
2.15 pm

Gold Swims -
Saturday 4th &
Sunday 5th December
2.15 pm & 4.15 pm

Presentation Night -
Sunday 19th December
5.00 pm
Rowville Secondary College
Eastern Campus Performing
Arts Centre

Squad January
Holiday Program -
12.15 – 1.15 pm
$69 for 5 days of swimming
$98 for 10 days of swimming

10 PSS WATER SAFETY TIPS –
In addition to 'Kids Alive Do The Five'

Supervision - No matter how competent a child is in the water, there is never any substitution for supervision. Even the most competent children can get tired when they are swimming or can get injured or ill. Blink and they could be gone as it only takes a split second for them to disappear.

Water Familiarisation - Get your children familiar with water well before the summer swimming season begins. A child with some water ability and familiarisation may not panic when they f**ind themselves "out of their depth" and may be able to alert someone else to their problem as** opposed to silently drowning.

Household Dangers - Hidden dangers like unemptied baths, nappy buckets, shower bases, the toilet, pet bowls, water features, ponds, wading pools, puddles, or bowls left outside which fill up when it rains and animal troughs, are all considered water hazards.

Never Rely on Swim Aids - Parents sometimes relax when their children are wearing swimming aids; unfortunately these aids can burst, tip over, are not fitted correctly or are removed by the wearer. These aids are not lifesaving devices and are no substitute for parental supervision.

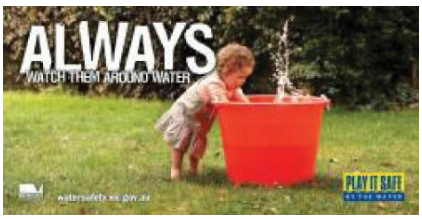
Fence The Pool - We have all heard of the importance of ensuring that all pools have a fence. It is equally important that they also have a self-closing gate and the gate is locked when the pool is not being used. This also applies to outdoor spas. We need to keep the pool / fence gate area, free from climbable objects.

Never Swim Alone - Always swim with a friend and always tell another adult where you are going. Even Olympic swimmers can get a cramp and fatigue. If no one knows where you are no one can help.

Learn CPR - The most important skill you can learn as a parent is the ability to perform Cardio Pulmonary Resuscitation. This skill saves lives.

Make-shift Ladders - Be aware that young children are very inventive, and if they want to get into a pool they may use other implements, such as outdoor furniture, an upturned bucket or a wheelie bin, to reach the mechanism to open the gate. This is another reason to make sure that the gate is locked.

Leaving Children Alone In The Bath - One of the more common cases of infant death by drowning is in the bath when left unattended. Never leave the bath in order to answer the phone or any other call away. Remember that bath safety is the responsibility of parents, not other siblings.

Outdoor Water Holes/Beaches - Before swimming in unfamiliar water, always check to see if it is patrolled, and if so swim between the flags. Check for debris in the water, check for safety signs and ask others who are already swimming if there are any safety issues you should be aware of.

Look before you leap!