



Swordy's News

..... *Small Successes, Proudest Moments*

GREEEEEEEEEEEEEEEN ! – We are Proud of Green Swimmers

Learning to swim with Paul Sadler Swimland is a fun journey on the road to each swimmer achieving their Swordy 1 km Medal. We strongly encourage parents to help us celebrate each *Small Success* and *Proud Moment* as your child progresses through the program.

One of the most significant milestones along the road to a Swordy 1km Medal is our GREEN Certificate.

Green Swimmers can demonstrate:

- 50 m of freestyle without stopping
- 75 m of continuous backstroke
- a neat dive
- five minutes of deep water treading.

We celebrate a Green certificate by presenting swimmers with their much prized Green t-shirt, then we ring the bell and all join in the chorus 'GREEEEEEEEEN'. We strongly encourage ALL Green Swimmers to wear (with pride) their Green t-shirts to their swimming lessons.

Look out for Green celebrations on Swordy TV.

SWORDY'S EARLY BIRD PRIZE – You Could Win \$2500

All clients who pay their Term 1 fees by Sunday 11 December will go into the draw to win some fantastic prizes:

- \$2500 1st prize
- \$1000 2nd prize
- \$500 3rd prize.

Each swimmer whose Term 1 fees are paid in full by 11 December will receive one entry into the Early Bird Draw as well as one entry into the End of Term Draw (see below).

SWORDY'S END OF TERM DRAW – One Year of FREE Swimming

All Bendigo clients who pay their Term 1 2012 fees by Thursday 22 December will go into the draw to win ONE YEAR OF FREE SWIMMING LESSONS plus a VIP CAR PARK for Term 1 2012.

Upon full payment of Term 1 2012 fees, each swimmer will receive one entry into the End of Term Draw.

*All prize winners will be announced and displayed at PSS sites and on the PSS website.



Lexie Moss – Green Swimmer
...Small Successes, Proudest Moments

EARLY BIRD TERM 1

**One PSS family will win
\$2,500 cash**

ENROL NOW TO ENTER



BENDIGO EARLY BIRD WINNERS
The Stansall's
...Small Successes, Proudest Moments

**\$55 4 DAY SUMMER
SWIMMING INTENSIVE
OPEN FOR BOOKINGS NOW**



LAST TERM'S EARLY BIRD WINNERS

Congratulations to the Grand Prize Winners of \$4,000 from last term's Early Bird Draw, the Clarke family from PSS Rowville.

Congratulations also to our local winner Shelby Stansall, a Saturday morning Swordy Tot Swimmer, who will enjoy one year of FREE swimming and 1 term of VIP Car Parking.

INTRODUCING 'BUTTERFLY' – Swordy's New Friend

We are very excited to introduce Swordy's new friend, Butterfly, or Fly as she is sometimes known. All of the kids can get to know Fly by reading the latest Swimland book, *Give It a Try and You'll Fly*.

In the book you'll read how Butterfly wants to be able to fly more than anything else. Come along on her journey as she tries hard, has small successes and some of her proudest moments. She just needs to give it a try and she'll fly!

To accompany our latest story book, we have also released our second colouring book, *Colouring Fun with Swordy and Friends*. Have fun colouring all of Swordy's friends, including his new friend Butterfly.

Join in the fun as we introduce Butterfly to all of our Swimland friends.

SWORDY TOT NEWS

On behalf of all the Swordy Tot team we would like to congratulate the 32 children who graduated in Term 3 and now have the opportunity to swim independently in our Kinder classes.

Just a reminder to our parents on how to encourage safe jumping:

- Swordy Tots stand with toes over the edge of pool
- parents stand to the side of the children, encouraging them to jump OUT to the black line (in clear water)
- parents then return the Swordy Totters to the wall.

Adherence to the above guidelines will assist Swordy Tots in their jumping progression and encourage SAFE participation in classes.

SQUAD NEWS – Well Done to our Swordy 1 km Gold Medalists

Congratulations to all Pumpkin Swimmers who swam on our Swordy 1 km Gold Medal Day. Every swimmer successfully completed the 40 lap swim. Photos of swimmers receiving their medals from Swordy can be seen on our Squad board and on Swordy TV (in Reception).

We would like you to consider that when your child achieves their Swordy 1 km Gold Medal, with your support, we have motivated and enabled them to become 'swimming literate'.

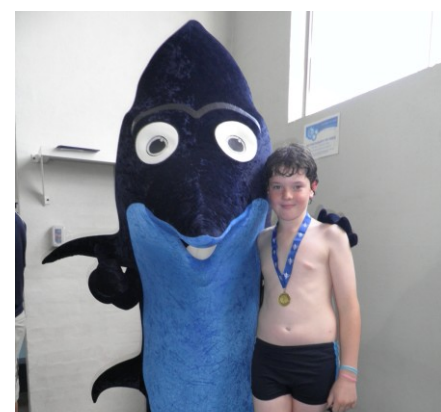
This term's Swordy 1 km Gold Medal swim is planned for Melbourne, please check in with your Squad Coach for more details.



COLOURING FUN WITH SWORDY AND FRIENDS



JAYDA SKINNER
Swordy 1 km Medalist



ALEX LONG
Swordy 1 km Medalist

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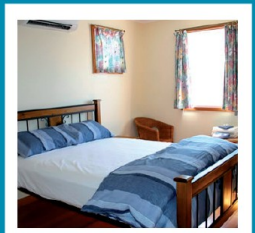
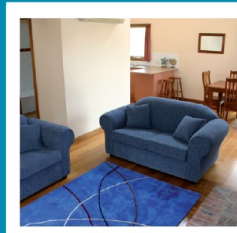
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