

# Paul Sadler Swimland

## BENDIGO NEWSLETTER #1

TERM 4 2007

### 'SWIMLAND KIDS - SUMMER FUN' MUM & DAD'S REWARD . . . .

. . . . is this Term's theme. We love that our parents can enjoy the rewards of 'year-round' swimming, as their Swimland Kids participate in a variety of fun recreational aquatic activities. Look out for our new posters (pictured right) and see how Swordy will be spending this summer.

### EARLY BIRD PAYMENT COMPETITION WINNERS

Congratulations to the Hams who are the winners of our first 'Early Bird Payment' competition, they get the worm or in this case, a free term #1's swimming for 2008. We are very excited to be able to reward such a dedicated swimming family with this fantastic prize.



The competition was so successful that it will be running again this term with a second and third prize.

**1<sup>st</sup> Prize** - spa eleven Family Pamper Pack valued at **\$1040.00 - WOW!** including; family of four haircutting for 6 months, x2 'Take Me Away' packages, x1 skin consultation, x1 Jane Iredale mineral makeup makeover, x6 Yoga classes and x1 lunch for the whole family. See [www.spaeleven.com.au](http://www.spaeleven.com.au) for more detail on products included in this luxurious major prize.



**2<sup>nd</sup> Prize** - Lunch (including a glass of wine) for Mum and Dad at the Winebank on View valued at \$60.

**3<sup>rd</sup> Prize** - Family pass to the 'Bee Movie' at the Bendigo Cinemas valued at \$46.

To be in with a chance, simply pay Term #1 swimming fees (in full) prior to Monday December 3<sup>rd</sup>. The winner will be drawn and announced on deck later that day. 2<sup>nd</sup> and 3<sup>rd</sup> prize will be determined in a secondary draw the following Monday, families with full term payments in by Dec 10<sup>th</sup> will be eligible for this draw. Remember, you've got to be in it to win it!

### IMPORTANT INFORMATION REGARDING TERM #1 2008

Please note that to avoid a situation where Monday Swimmers swim a 6wk Term #1 followed by a 12wk Term #2 (due to a shortened school term and Monday Public Holidays), we are pleased to announce that (much like when we had the Commonwealth Games in 2006) we have altered the term to provide a more even Swimming Year.

Term #1 - Tues Jan 29<sup>th</sup> to Sunday Apr 20<sup>th</sup> Mon 8wk, Tue - Thurs 10wk, and Fri - Sun 9wk Term.  
Term #2 - April 21<sup>st</sup> to June 30<sup>th</sup>, 10 wk Term (all days).

## THERE'S MORE TO A SWIMLAND LESSON THAN MEETS THE EYE

Whilst the primary focus of Aquatic Education is swimming progression and sometimes the 'all important' next Certificate, Swimland kids get so much more from each and every lesson;

- **Safety** - How to be safe in and around water (esp. Water Safety Week T#4 Wk 8).
- **Social Skills** - we are often the first formal lesson a child is a part of, with us they learn about, good manners, making friends, waiting for a turn, facial gestures, tones and body language.
- **Listening Skills** - Using 'Listening Ears' to follow instruction.
- **Mathematics** - Counting up and down, making sense of distance, size and shape.
- **Colour** - Many different coloured learning aids are used and referred to during a lesson.
- **Fitness** - Swimmers gain physical strength and stamina in an environment that's gentle on growing bones. Our lessons provide a complimentary activity to all other sports.

Swimming Lessons are not an 'off the shelf' item, we specialize in Swim & Survive and because it's all we do, you can rest assured that your children are in the most caring and capable hands.

## THEME WEEKS

**NATIONAL WATER SAFETY WEEK:** Week 8, Mon 26<sup>th</sup> Nov - Sun 2<sup>nd</sup> Dec. During National Water Safety Week a number of additional survival activities will be incorporated into lessons. Children who are Blue certificate level and above are asked to bring in clothing to complete treading activities (Old shorts and a t-shirt are fine). Squad children can bring in an old pair of P.J.'s or tracksuit pants and a long sleeve t-shirt.



**CHRISTMAS WEEK:** Week 10, Mon 10<sup>th</sup> Dec - Sun 16<sup>th</sup> Dec. Some fun 'Christmassy' games will be incorporated into lessons for the final week of Term 4, 2007 to celebrate the end of another great year at PSS Bendigo. We will be decorating the pool and inviting Santa Claus along to visit the children and hand out a special treat. Enjoy the fun!

## SQUAD - 'WINNERS ARE GRINNERS!'

We would like to congratulate all of those swimmers who were selected in our squad for the Swim School Owners Association Relay Day 2007. We are very proud of how you represented us on the day and would like to congratulate you on helping us win our division. 2008 will see us mixing it with the big fish in division A. Thanks also to all of our squad coaches and parent helpers, in particular Ash Sloan and Tony Vlaeminck who assisted with formal roles on race day.

### **2007 RELAY DAY SQUAD**

Matthew Slot, Spencer Smagas, Nelson Smagas, Rueben Roessler (all pictured), Tayla Vlaeminck, Kate Eason, Nicole Trew, Georgia Lewon, Issac Watson, Patrick Ward, Rachael Wood, Dean Vlaeminck, Lilly Burke, Kimberly Kennedy, Max Vlaeminck, Brioni Lahn, Lilly Burke, Fergus Greene, Zoe Deed, Joe Williams, Llewellyn Kane, Bronte Pollard, Hannah Dobell, Jacob Waller, Toby Churcher, Makayla Hamilton, Nicola Fogarty, Caleb Nelson, Nick Gillingham, Laura McCulloch, Bonnie Pridham, Jack Lawerance, Adam Turnbull, Cassie Ward, Eliza Kane, Thoamas Maw, James Coughlin, Maddy Lewon, Ashleigh Trounson, Phillip Keech, Fletcher Smagas, Molly Farquharson, Maddy Lewon, Georgina Read, Nikolas Verbeek, Melinda Pitson, Joel Vlaeminck, Zach Lahn, Tom Edwards, William Carter, Stephanie Goerge, Chloe Macague, Lee Turnbull, Tom Edwards, Lucy Williams, Brendan Cherry, Georgia Fry, Jordon Verbeek, Brayden Redwood, Hannah McLean, William Cook, Matthew Driver, Meg Ketterer, Elizabeth Coughlin, Shaun Irvine, Jacob Cushing, Sarah Bransgrove, Matthew Driver, Britnee Swan and Sam McEwan. *(apologies if we missed anyone)*



## SQUAD – TERM 4 EVENTS AND IMPORTANT DATES

Many of our squad swimmers have and will be attempting a 1km swim to attain their Swordy 1km Medal this term, this is our goal for all swimmers and we wish them all the best in reaching it.

**Gold Swim Training Times** - Wednesday 8-9pm / Sunday 8.30-10am / Monday 7-8.30am - Cost \$5

Note: these swims may be used by swimmers to complete a 1km Time Trial in Week 6

**Top Gun Event** - Saturday 17<sup>th</sup> November - Time 3-5pm Cost \$8

**3km Gold Swims** - Saturday 24<sup>th</sup> November - Time 3-4pm Cost \$8

**4 - 6km Gold Swims** - Sunday 25<sup>th</sup> November - Time 1pm Cost \$8

**Peter Howse Special Swim** - Wednesday 28<sup>th</sup> November - Time 8-9pm Cost \$10

**Presentation Night** - Tuesday 11<sup>th</sup> December - 7.15 - 8.30pm Venue - Morey Building

## GST FOR CHARCOALS

Please note that from term #1 2008 Charcoal Swimmer Term fees will be GST Applicable as they are no longer working towards a certificate with a survival / safety component. Our Charcoal swimmers will continue enjoy an extended 1 hour lesson in our Gold squads and we look forward to seeing them back for a sprint term early next year. If you have any questions then please see your Deck Supervisor.

## SWIMLAND SWIMMING CLUB (SSC)

There's been some great results part way through our first season of SSC. Our first major meet 'The Eaglehawk Series' saw us compete against 26 other clubs from across the State and come in a very respectable 5<sup>th</sup> overall for points and 5<sup>th</sup> in the Medal tally, including 2 age group champions, Tayla Vlaeminck and our very own SSC Site Co-ordinator Ricky Joyce. Over 100 personal best times were posted and all competitors enjoyed the experience. Congratulations SSC on a commendable start. By the time you read this newsletter it is possible that we will be the largest Swimming Club in Australia and ably guided by our Head Coach Peter Howse, we have our sights set on the top.

Over the Summer months and during the non scheduled Term period we will be working hard to deliver some swimming alternatives and additional swims for a club swimmers both remote and here at Swimland. Stay tuned for more details.

For any information regard SSC please speak to your squad coach or contact Bendigo's Site Coordinator - Ricky Joyce on 03 54432164.

## FUNDRAISING - ROYAL CHILDREN'S HOSPITAL

Thankyou to all who bought a hot dog or two during our fundraising weeks Easter and Footy week. We have raised over \$3000 so far this year for the Royal Children's Hospital and appreciate the generosity of our swimming parents for such a worthy cause. The delicious hotdogs are supplied by Charmers Smallgoods of Wedderburn and are wrapped in a crusty Banjo's Bakery roll. These regional businesses virtually give us their fresh produce so that we can raise money for the kids. Special thanks also to Amanda Sinclair (our fund-raising co-ordinator) for the huge effort spent on these weeks and the Paul Sadler Swimland staff who volunteer their time to serve up the tasty treats to that we all enjoy.



## HOLIDAY PROGRAM

January 2008 Holiday Program will be running Mon 21<sup>st</sup> Jan - Fri 25<sup>th</sup> Jan. This is a 5 day intensive program for Swordy Tots, Pre-schoolers, Learn to Swim, Squad and Club Swimmers towards the end of the school holidays. This program is now open for bookings; please see reception for available classes and times.

## WHY A NEWSLETTER?

Swimland welcomes and values ALL customer feedback and in response to some parents feeling a little 'overwhelmed' by the number of handouts distributed each term, we have decided to reduce these by packaging much of our important information into a 'Site Newsletter'. In addition to presenting news about our term swimming, holiday programs, special events, theme weeks, competitions and our swim club, this newsletter will also allow us to acknowledge some wonderful efforts by our Swimmers, Staff and other friends of Swordy.

## RINGING THE 'GREEN' BELL

A milestone we would like your help celebrating is when a child receives the green certificate. The most significant achievement at this level is the child mastering 50 metres of freestyle for the first time. This is important as it displays they have mastered the art of breathing in freestyle and from here onwards the 'sky's the limit'.

Each child is presented with a t-shirt displaying proudly the three colours they have mastered and also the colours they are heading towards. This is presented along with their certificate, a Swordy tattoo and of course a lollipop. At this time we ring the 'Green Bell' to celebrate the child's achievement. We ask you to join with our staff when you hear the 'Green Bell' ringing so please stand and clap, cheer, even whistle to help each of our swimmers feel extra special and remember their moment for a long time!

## CHRISTMAS GIFT IDEAS

See reception for full details of products available and price lists. All equipment used in the Swordy Tot, Learn to Swim & Squad program (with the exception of toys) are available for purchase from reception.

**SWIMMING GIFT VOUCHER:** Give someone a gift that could turn in to a 'skill for life' this Christmas. Our Reception Team can create a gift voucher for any amount, valid for Term or Holiday Program swimming.

**GOGGLES:** Our RAV range include many new styles, shapes, colours and sizes to suit every swimmer. Goggles are recommended for all swimmers with their Maxi Pink of higher level certificate.

**WORDY SILICON SWIM CAP:** If you are tired of seeing your kids trying to keep their hair out of their eyes, during lessons, then consider one of these as a Christmas stocking filler.

**WORDY BRANDED BATHERS:** Now including boys funky trunks. Exclusive to Swimland, we have a full range of quality AUSTRALIAN MADE bathers and are stocked up for Christmas.

## EMPLOYMENT OPORTUNITIES AT BENDIGO

Do you like working with children? Are you enthusiastic, reliable and fun? Are you looking for casual work weekday mornings, afternoons or weekends?

We currently have employment opportunities available at Paul Sadler Swimland Bendigo in reception and in the water. Employment at Swimland is a great opportunity for swimmers from 15yrs + and Swimming Mums and Dads looking for casual work in a supportive and fun environment. If interested please email your resume to [shireen.skidmore@paulsadlerswimland.com](mailto:shireen.skidmore@paulsadlerswimland.com) with a cover letter or call us on 54 432164 for more information.

## FRIENDS OF SWORDY

Thank you to those local businesses who've been friends to Swordy this term; Spa Eleven, The Foundry Arms Hotel, The Good Pud, Bendigo Cinemas, The Bendigo Magazine, Charmers Butchers, Banjos Bakery, The Wine Bank, X-press Mobile Coffee. Support those who support us!