



Dear Parents, Coaches and Athletes

The following is the meet information for the **Nuna JX Spectacular LC Meet** being held on **Saturday July 25, 2009.**

This event is open to SSC swimmers from **Essendon, Hoppers Crossing, Carrum Downs, Hampton Park, Narre Warren and Rowville** aged 8 to 13 years.

****This Meet allows for athletes aged 8 to 13 years of age to focus on achieving JX times for the 2009/10 Swimming Season. While the Australian Junior Excellence Programme (JX) focuses on 9 to 13 year old, this Meet will cater for 8 year olds as well so they can gain experience in 50m races.****

It is recommended that SSC swimmers entering this event swim all events in which they are qualified (to a maximum of 5 events).

Confirmation Deadline 8:00pm Thursday June 11, 2009

Meet Date: Saturday July 25, 2009

Meet Location: Melbourne Sports and Aquatic Centre (MSAC) Albert Park (50m pool)

Start Times: Session 1 (8-11yrs)
Athlete Check In/Dryland 7:45am, Pool Warm Up 8:00am, Start 9:00am
Session 2 (12-13yrs)
Athlete Check In/Dryland 12:15pm, Pool Warm Up 12:30pm, Start 1:00pm

Entry Fees: \$7.00 per event (SSC Athletes Minimum 3 individual events)
**** recommended that all SSC athletes swim all events in which they are qualified (to a maximum of 5 events).****

Events: Session 1 (8-11yrs)
200 IM, 50 FLY, 100 FLY, 50 BK, 100 BR, 50 FR, 50 BR, 100 FR
Session 2 (12-13yrs)
200 IM, 50 FLY, 100 BK, 200 BR, 50 FR, 100 FLY, 200 BK, 50 BR, 100 FR,
200 FLY, 50 BK, 100 BR, 200 FR
****Qualifying times to apply to all events. Refer link below to Meet Flyer for qualifying times. Times may be unofficial meets or timed by coach at training****

Age Groups: 8&9, 10, 11, 12-13. (Age as on the day of the event July 25, 2009)

Awards: Swimmers aged 9 to 13 who accomplish times set by Swimming Australia will be in running for JX awards.

Meet Rules: FINA Rules, Australian Swimming Inc Rules, Swimming Victoria Rules

Officials: Parent support may be requested for timekeeping positions

Miscellaneous: Entry to venue FREE, Maximum of 5 events can be entered.
[Nuna JX QT's & Flyer](#) [JX Standards 08-09](#) [SV LC State QT's 08-09](#)

Confirmation Deadline 8:00pm Thursday June 11, 2009

(Please remit this form with payment to the SSC Mailbox by 8pm Thursday June 11, 2009)

My Son/Daughter _____ will participate in the Nuna JX Spectacular on Saturday July 25, 2009 competing in the following events:

Session 1:	<input type="checkbox"/> 200 IM	<input type="checkbox"/> 50 FLY	<input type="checkbox"/> 100 FLY (11yrs)	<input type="checkbox"/> 50 BK	<input type="checkbox"/> 100 BR (11yrs)
	<input type="checkbox"/> 50 FR	<input type="checkbox"/> 50 BR	<input type="checkbox"/> 100 BK (11yrs)	<input type="checkbox"/> 100 FR (11yrs)	
Session 2:	<input type="checkbox"/> 200 IM	<input type="checkbox"/> 50 FLY	<input type="checkbox"/> 100 BK	<input type="checkbox"/> 200 BR	<input type="checkbox"/> 50 FR
	<input type="checkbox"/> 100 FLY	<input type="checkbox"/> 200 BK	<input type="checkbox"/> 50 BR	<input type="checkbox"/> 100 FR	<input type="checkbox"/> 200 FLY
	<input type="checkbox"/> 50 BK	<input type="checkbox"/> 100 BR	<input type="checkbox"/> 200 FR		

Total Number of Events _____ X \$7.00 = _____

Recommended SSC Athletes enter a minimum of 3 individual events to a maximum of 5 and suggests swimming events 100m or greater coaches will review and adjust as necessary

[Please enclose total fees with this form in a sealed envelope to the SSC Mailbox]

Parent Signature: _____ Date: _____

Coach Signature: _____ Site Coord Signature: _____

SWIMLAND SWIM CLUB
peter.howes@paulsadlerswimland.com

Meet Eligibility Report
NUNA JX SPECTACULAR LC MEET 25-Jul-09 LC Meters

Name		Events											
Female													
ABBOTT, LUCY	13	# 28 50 Free 43.88L	# 34 50 Breast 57.63L	# 40 50 Back 50.41L									
ALBARENQUE-THORNTON, N	9	# 7 50 Back 54.50L	# 15 50 Free 49.05L										
BAILEY, BERNADINE	9	# 3 50 Fly 1:04.97L	# 7 50 Back 54.56L	# 11 50 Breast 59.86L	# 15 50 Free 50.02L								
BARBIS, LAURA	10	# 1 200 IM 3:54.78L	# 5 50 Fly 41.76L	# 9 50 Back 48.35L	# 13 50 Breast 54.85L	# 17 50 Free 39.03L							
BILEK, EMILY	11	# 6 50 Back 46.56L	# 10 50 Free 37.41L	# 18 50 Breast 54.18L									
BROUGHTON, CLAIRE	12	# 28 50 Free 44.97L	# 34 50 Breast 59.05L	# 40 50 Back 52.54L									
CAULFIELD, SCOUT	11	# 6 50 Back 50.09L	# 10 50 Free 44.52L	# 14 50 Fly 54.91L	# 18 50 Breast 52.74L								
CESTER, CATERINA	12	# 34 50 Breast 52.74L	# 40 50 Back 52.47L										
DALE, KARLEE	13	# 22 50 Fly 42.62L	# 24 100 Back 1:38.93L	# 28 50 Free 35.81L	# 34 50 Breast 47.65L	# 36 100 Free 1:22.54L	# 40 50 Back 41.50L	# 42 100 Breast 1:48.95L					
DYER, RUBY	9	# 3 50 Fly 57.66L	# 7 50 Back 57.27L	# 15 50 Free 48.90L									

*"S" denotes "Open/Senior" Event - i.e. # 47S

SWIMLAND SWIM CLUB
peter.howes@paulsadlerswimland.com

Meet Eligibility Report
NUNA JX SPECTACULAR LC MEET 25-Jul-09 LC Meters

Name		Events													
GARLAND, BROOKE	13	# 22 50 Fly 39.88L	# 28 50 Free 35.70L	# 30 100 Fly 1:43.90L	# 32 200 Back 2:59.81L	# 34 50 Breast 49.06L	# 36 100 Free 1:19.93L	# 40 50 Back 44.80L	# 42 100 Breast 1:48.44L						
HAWKE, HOLLY	10	# 1 200 IM 4:12.90L	# 5 50 Fly 57.26L	# 9 50 Back 46.56L	# 13 50 Breast 1:02.94L	# 17 50 Free 42.34L									
HAWKE, MADELEINE	12	# 22 50 Fly 48.38L	# 28 50 Free 39.15L	# 34 50 Breast 52.99L	# 40 50 Back 47.03L										
HOLLIER, LAUREN	11	# 6 50 Back 49.82L	# 10 50 Free 46.67L	# 18 50 Breast 1:01.65L											
JORDAN, KATE	11	# 6 50 Back 52.50L	# 10 50 Free 41.48L	# 14 50 Fly 54.55L	# 18 50 Breast 55.79L										
KENNEDY, KIMBERLY	12	# 22 50 Fly 48.16L	# 28 50 Free 37.50L	# 34 50 Breast 50.90L	# 40 50 Back 42.78L										
LEWIS, ASHLEIGH	13	# 20 200 IM 3:11.04L	# 22 50 Fly 38.60L	# 24 100 Back 1:24.42L	# 28 50 Free 33.86L	# 34 50 Breast 47.34L	# 36 100 Free 1:16.90L	# 40 50 Back 37.79L	# 42 100 Breast 1:48.80L						
LIACOS, ALEXANDRA	11	# 6 50 Back 48.33L	# 10 50 Free 45.12L	# 18 50 Breast 59.35L											
MCNAIR, CAITLIN	13	# 20 200 IM 3:08.39L	# 22 50 Fly 38.47L	# 24 100 Back 1:31.38L	# 26 200 Breast 3:45.37L	# 28 50 Free 31.58L	# 30 100 Fly 1:43.50L	# 32 200 Back 3:10.37L	# 34 50 Breast 44.43L	# 36 100 Free 1:10.98L	# 40 50 Back 38.65L	# 42 100 Breast 1:40.59L	# 44 200 Free 2:40.83L		
MCNAIR, SHANA	12	# 22 50 Fly 46.17L	# 28 50 Free 39.20L	# 34 50 Breast 57.34L	# 40 50 Back 47.10L										

*"S" denotes "Open/Senior" Event - i.e. # 47S

SWIMLAND SWIM CLUB
peter.howes@paulsadlerswimland.com

Meet Eligibility Report
NUNA JX SPECTACULAR LC MEET 25-Jul-09 LC Meters

Name		Events													
PHELPS, AMY	11	# 6 50 Back 52.87L	# 10 50 Free 46.35L	# 18 50 Breast 1:02.20L											
ROBERTSON, ZOE	13	# 20 200 IM 2:52.09L	# 22 50 Fly 34.20L	# 24 100 Back 1:21.41L	# 28 50 Free 31.88L	# 30 100 Fly 1:18.58L	# 32 200 Back 3:07.23L	# 34 50 Breast 46.02L	# 36 100 Free 1:09.64L	# 38 200 Fly 2:52.58L	# 40 50 Back 37.41L	# 42 100 Breast 1:42.90L	# 44 200 Free 2:28.34L		
ROBINSON, ALYSHA	8	# 3 50 Fly 1:04.34L	# 7 50 Back 59.41L	# 11 50 Breast 1:04.84L	# 15 50 Free 49.33L										
ROMANO, ALESSANDRA	10	# 9 50 Back 58.61L	# 13 50 Breast 1:03.28L	# 17 50 Free 47.85L											
ROMANO, ANASTASIA	10	# 9 50 Back 56.09L	# 17 50 Free 48.62L												
SANSON, AMY	12	# 28 50 Free 44.93L	# 34 50 Breast 57.07L	# 40 50 Back 52.50L											
SOUTHALL, LAUREN	11	# 6 50 Back 44.75L	# 10 50 Free 36.95L	# 12 100 Back 1:41.80L	# 14 50 Fly 48.16L	# 16 100 Free 1:26.59L	# 18 50 Breast 54.46L								
STRAHAN, KODILEE	11	# 4 100 Fly 1:47.09L	# 6 50 Back 46.06L	# 10 50 Free 37.88L	# 14 50 Fly 42.87L	# 16 100 Free 1:29.33L	# 18 50 Breast 59.96L								
TREW, NICOLE	11	# 6 50 Back 49.65L	# 10 50 Free 40.57L	# 14 50 Fly 48.87L	# 18 50 Breast 56.72L										
TURNBULL, JODIE	10	# 9 50 Back 55.98L	# 17 50 Free 46.65L												

*"S" denotes "Open/Senior" Event - i.e. # 47S

SWIMLAND SWIM CLUB
peter.howes@paulsadlerswimland.com

Meet Eligibility Report
NUNA JX SPECTACULAR LC MEET 25-Jul-09 LC Meters

Name		Events													
VEITCH, CHLOE	11	# 4 100 Fly 1:43.66L	# 6 50 Back 43.20L	# 8 100 Breast 1:48.45L	# 10 50 Free 36.62L	# 12 100 Back 1:40.84L	# 14 50 Fly 45.21L	# 16 100 Free 1:22.14L	# 18 50 Breast 49.28L						
VLAEMINCK, TAYLA	10	# 1 200 IM 3:46.32L	# 5 50 Fly 45.46L	# 9 50 Back 42.14L	# 13 50 Breast 53.09L	# 17 50 Free 38.00L									
WILLIAMS, ALEX	13	# 20 200 IM 3:00.00L	# 22 50 Fly 35.06L	# 24 100 Back 1:19.02L	# 28 50 Free 31.10L	# 32 200 Back 3:06.30L	# 34 50 Breast 51.12L	# 36 100 Free 1:07.66L	# 40 50 Back 36.65L	# 44 200 Free 2:33.87L					
WILLIAMS, KEELY	11	# 6 50 Back 45.31L	# 10 50 Free 38.51L	# 12 100 Back 1:38.61L	# 14 50 Fly 46.80L	# 16 100 Free 1:27.48L	# 18 50 Breast 56.37L								

*"S" denotes "Open/Senior" Event - i.e. # 47S

SWIMLAND SWIM CLUB
peter.howes@paulsadlerswimland.com

Meet Eligibility Report
NUNA JX SPECTACULAR LC MEET 25-Jul-09 LC Meters

Name		Events													
Male															
ARTHUR, LACHLAN	9	# 3 50 Fly 52.96L	# 7 50 Back 55.76L	# 11 50 Breast 57.25L	# 15 50 Free 43.08L										
BARBIS, WILLIAM	13	# 19 200 IM 2:59.78L	# 21 50 Fly 37.28L	# 23 100 Back 1:34.35L	# 25 200 Breast 3:23.58L	# 27 50 Free 31.86L	# 29 100 Fly 1:34.97L	# 33 50 Breast 39.46L	# 35 100 Free 1:12.04L	# 39 50 Back 40.39L	# 41 100 Breast 1:33.15L	# 43 200 Free 2:42.36L			
BARRACLOUGH, PATRICK	10	# 5 50 Fly 50.60L	# 9 50 Back 47.79L	# 17 50 Free 41.94L											
BOND, CONNOR	10	# 9 50 Back 56.68L	# 13 50 Breast 59.86L	# 17 50 Free 46.18L											
BRAY, LACHLAN	10	# 5 50 Fly 53.52L	# 9 50 Back 44.77L	# 13 50 Breast 1:00.19L	# 17 50 Free 37.17L										
CASTRICUM, LIAM	11	# 6 50 Back 53.45L	# 10 50 Free 45.45L	# 18 50 Breast 53.27L											
CESTER, NATHAN	12	# 33 50 Breast 56.08L	# 39 50 Back 51.84L												
CUMMING, HUGO	9	# 3 50 Fly 59.10L	# 7 50 Back 52.72L	# 11 50 Breast 1:02.68L	# 15 50 Free 46.57L										
GELLATLY, KYLE	10	# 9 50 Back 51.22L	# 17 50 Free 44.78L												
GNADEN, THOMAS	10	# 1 200 IM 4:04.68L	# 5 50 Fly 45.68L	# 9 50 Back 44.05L	# 13 50 Breast 1:03.99L	# 17 50 Free 36.45L									

*"S" denotes "Open/Senior" Event - i.e. # 47S

SWIMLAND SWIM CLUB
peter.howes@paulsadlerswimland.com

Meet Eligibility Report
NUNA JX SPECTACULAR LC MEET 25-Jul-09 LC Meters

Name		Events													
HAWKE, THOMAS	8	# 7 50 Back 53.63L	# 15 50 Free 50.51L												
HUYNH, NATHAN	11	# 2 200 IM 3:12.29L	# 4 100 Fly 1:32.19L	# 6 50 Back 42.29L	# 8 100 Breast 1:58.72L	# 10 50 Free 32.79L	# 12 100 Back 1:29.73L	# 14 50 Fly 39.26L	# 16 100 Free 1:18.27L	# 18 50 Breast 50.56L					
KENNEDY, JOE	10	# 9 50 Back 57.99L													
LEAHY, CALLUM	13	# 19 200 IM 3:14.13L	# 21 50 Fly 41.09L	# 23 100 Back 1:29.70L	# 25 200 Breast 3:23.01L	# 27 50 Free 31.90L	# 33 50 Breast 42.48L	# 35 100 Free 1:12.58L	# 39 50 Back 40.54L	# 41 100 Breast 1:35.07L	# 43 200 Free 2:53.62L				
LEEDER, MARTIN	13	# 21 50 Fly 49.58L	# 27 50 Free 42.30L	# 33 50 Breast 55.89L	# 39 50 Back 50.88L										
MARRIOTT, PATRICK	12	# 23 100 Back 1:41.93L	# 35 100 Free 1:24.95L												
MICALLEF, KYLE	8	# 7 50 Back 46.60L	# 11 50 Breast 1:04.96L	# 15 50 Free 38.56L											
MILLS, ZACARY	10	# 9 50 Back 54.33L	# 13 50 Breast 1:03.75L	# 17 50 Free 41.88L											
PUTS, BRAD	11	# 10 50 Free 42.14L	# 18 50 Breast 1:02.84L												
ROBERTSON, COREY	9	# 7 50 Back 1:01.10L	# 15 50 Free 51.33L												

*"S" denotes "Open/Senior" Event - i.e. # 47S

SWIMLAND SWIM CLUB
 peter.howes@paulsadlerswimland.com

Meet Eligibility Report
NUNA JX SPECTACULAR LC MEET 25-Jul-09 LC Meters

Name		Events														
RUSSO, SAM	13	# 19 200 IM 2:57.10L	# 21 50 Fly 36.44L	# 23 100 Back 1:10.37L	# 25 200 Breast 3:40.85L	# 27 50 Free 31.99L	# 29 100 Fly 1:33.21L	# 31 200 Back 2:45.17L	# 33 50 Breast 44.67L	# 35 100 Free 1:11.85L	# 39 50 Back 35.42L	# 41 100 Breast 1:33.84L	# 43 200 Free 2:47.35L			
SCOTT, LIAM	10	# 1 200 IM 4:15.40L	# 5 50 Fly 57.90L	# 9 50 Back 53.32L	# 17 50 Free 41.41L											
SLOT, JARROD	8	# 3 50 Fly 59.76L	# 7 50 Back 51.30L	# 11 50 Breast 1:01.27L	# 15 50 Free 48.72L											
SLOT, MATTHEW	10	# 5 50 Fly 46.94L	# 9 50 Back 49.89L	# 13 50 Breast 51.69L	# 17 50 Free 38.40L											
TIBERI, LUKE	13	# 21 50 Fly 45.13L	# 27 50 Free 35.16L	# 33 50 Breast 51.06L	# 35 100 Free 1:28.20L	# 39 50 Back 45.09L										
TURNBULL, ADAM	13	# 21 50 Fly 39.57L	# 23 100 Back 1:39.44L	# 27 50 Free 34.16L	# 33 50 Breast 49.68L	# 35 100 Free 1:19.79L	# 39 50 Back 42.00L									
VALENTINE, MICHAEL	12	# 27 50 Free 38.34L	# 33 50 Breast 55.89L	# 39 50 Back 45.27L												
VLAEMINCK, JAMES	8	# 3 50 Fly 58.61L	# 7 50 Back 54.82L	# 11 50 Breast 1:05.91L	# 15 50 Free 50.43L											
WALLER, ETHAN	9	# 3 50 Fly 59.86L	# 7 50 Back 57.34L	# 15 50 Free 41.64L												
WALLER, JACOB	12	# 21 50 Fly 36.64L	# 23 100 Back 1:35.37L	# 27 50 Free 31.49L	# 29 100 Fly 1:37.94L	# 33 50 Breast 46.37L	# 35 100 Free 1:14.57L	# 39 50 Back 40.33L	# 41 100 Breast 1:50.69L							

*"S" denotes "Open/Senior" Event - i.e. # 47S