



Dear Parents, Coaches and Athletes

The following is the meet information for

SV Winter Interclub being held on the following
Fridays 16 & 23 July and 6, 13, 20 August 2010.

This is a fun RELAYS meet offering an excellent opportunity for all of our athletes to participate in a meet where they will be competing in teams at their own level. To be eligible for this event all 5 dates are to be attended and swimmers are to be capable of completing 50m of each stroke competently and be qualified at the SSC Intraclub Squad level (100 IM sub 2:15.00 and 200 FR sub 4:15.00). ****Athletes not able to attend all 5 dates may enter but will be considered following those that are able to commit to all 5 dates****

Swimland Swim Club would like to have the majority of our membership participating in this event as it adds to the FUN and SOCIAL element of Swim Club and in addition the Club gains recognition from Swimming Australia as this is one of the components of the SAL Go Club Program.

Confirmation Deadline 12:00pm Monday June 21, 2010

Meet Date(s): July 16 July 23 August 6 August 13 August 20
Themes: Disco Night TBC TBC TBC TBC

Meet Location: Melbourne Sports & Aquatic Centre (MSAC)

Start Times: **Warm-up 6:00pm**, Start 7:15pm

Entry Fees: \$100.00 per team (Paid by SSC)
MSAC venue entrance fee \$5.00

Entry Details: All swimmers must be able to swim 50m of each stroke and have qualified at the SSC Intraclub Squad level (100 IM sub 2:15.00 and 200 FR sub 4:15.00)

Events:	<u>Seniors (SC 25m)</u>	<u>Juniors (SC 25m)</u>
	4 X 50 BK	4 X 50 BK
	4 X 50 BR	4 X 50 BR/FR/BR/FR
	4 X 50 FR	4 X 50 Medley
	4 X 50 FLY	4 X 50 FLY/FR/FLY/FR
	4 X 50 Medley	4 X 50 FR
	4 X 100 FR	

Age Groups: Age as of July 16, 2010
All swimmers must swim in their age group
Senior 13&O, Junior 12&U

Meet Rules: Swimming Victoria Interclub Rules.
Swimmers may compete in a min of 2 max of 4 events/ per night.

Points Scoring: Event Points awarded as Win – 5, Loss – 2, Draw – 3.5, DQ – 0
Premiership Points awarded as Win – 4, Loss – 0, Draw – 2

Awards: Pennants awarded to winners and runners up in each division on August 15

Officials: Each team in each grade must supply one official
(A roster will be circulated to all parents attending)

Miscellaneous: There is a theme to each week with cash & prizes awarded

Confirmation Deadline 12:00pm Monday June 21, 2010

(Please reply to sscswimmeets@paulsadlerswimland.com by 12pm Monday June 21, 2010)

Reply Information (by email) required: sscswimmeets@paulsadlerswimland.com

Athlete Name:

Specify any dates not available:

**** Athletes not able to attend all 5 dates may enter but will be considered following those that are able to commit to all 5 dates ****

July 16
Disco Night

July 23
TBC

August 6
TBC

August 13
TBC

August 20
TBC