



Dear Parents, Coaches and Athletes

The following is the meet information for **SV Winter Interclub** being held on the following **Fridays 17, 24 & 31 July and 7 & 14 August 2009.**

This is a fun RELAYS meet offering an excellent opportunity for all of our athletes to participate in a meet where they will be competing in teams at their own level. **To be eligible** for this event all 5 dates are to be attended and swimmers are to be capable of **completing 50m of each stroke competently and be qualified at the SSC Intraclub Squad level** (100 IM sub 2:15.00 and 200 FR sub 4:15.00). ****Athletes not able to attend all 5 dates may enter but will be considered following those that are able to commit to all 5 dates****
Swimmers at the SSC State and National level may attend this event but should consider more preparation and focus on individual training towards SV State and Age/Senior National qualification.

Confirmation Deadline 8:00pm Friday June 12, 2009

- Meet Date(s): July 17 July 24 July 31 August 7 August 14
- Meet Location: Melbourne Sports & Aquatic Centre (MSAC)
- Start Times: **Athlete Check In/Dryland 6:00pm**, Pool Warm Up 6:15pm, Start 7:15pm
- Entry Fees: \$100.00 per team (Paid by SSC)
MSAC venue entrance fee \$5.00 (swimmers and adults)
- Entry Details: **All swimmers must be able to swim 50m of each stroke and have qualified at the SSC Intraclub Squad level (100 IM sub 2:15.00 and 200 FR sub 4:15.00)**
- Events:

<u>Seniors (SC 25m)</u>	<u>Juniors (SC 25m)</u>
4 X 50 BK	4 X 50 BK
4 X 50 BR	4 X 50 BR/FR/BR/FR
4 X 50 FR	4 X 50 Medley
4 X 50 FLY	4 X 50 FLY/FR/FLY/FR
4 X 50 Medley	4 X 50 FR
4 X 100 FR	
- Age Groups: Age as of July 17, 2009
All swimmers must swim in their age group
Senior 13&O, Junior 12&U
- Meet Rules: Swimming Victoria Interclub Rules
Swimmers must compete in a min of 2 max of 4 events/ per night
- Points Scoring: Event Points awarded as Win – 5, Loss – 2, Draw – 3.5, DQ – 0
Premiership Points awarded as Win – 4, Loss – 0, Draw – 2
- Awards: Pennants awarded to winners and runners up in each division on August 15
- Officials: Each team in each grade must supply one official
(A roster will be circulated to all parents attending)
- Miscellaneous: [Swimming Victoria Event Information](#)

Confirmation Deadline 8:00pm Friday June 12, 2009

(Please remit this form to the SSC Mailbox by 8pm Friday June 12, 2009)

My Son/Daughter _____ will participate in the SV Winter Interclub on Friday July 17, 24 & 31 and August 7 & 14 2009 on the following dates:

**** Athletes not able to attend all 5 dates may enter but will be considered following those that are able to commit to all 5 dates ****

- July 17 July 24 July 31 August 7 August 14

Parent Signature: _____ Date: _____

Coach Signature: _____ Site Coord Signature: _____