

**Yardage Report for July 2010**

	MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL
<b>ALLEN, DAVID</b>								
SSC NATIONAL ELITE S		5200M	4400M	6000M	2100M	4600M		
	5000M	A	A	A	7100M			34,400M
05/07/2010		5900M	4300M	6500M	3900M			
5 weeks: 151,452	4300M	3400M	A	A				28,300M
Weekly Avg: 30,290M	12/07/2010	5000M	4800M	5600M	6000M	5350M		
	4500Y	A			0M			30,866M
	19/07/2010	4600M	4800M	4700M	3600M	5800M	Meet	
	A	9300Y			A	Meet		32,006M
	26/07/2010	4400M	3780M	4300M	3900M	5600M	3900M	Meet
					A			25,880M
<b>ALLEN, LEAH</b>								
SSC NATIONAL ELITE S		5200M	4400M	6000M	2100M	4600M		
	5000M	A	A	A	7100M			34,400M
05/07/2010		5900M	4300M	6500M	3900M			
5 weeks: 151,452	4300M	3400M	A	A				28,300M
Weekly Avg: 30,290M	12/07/2010	5000M	4800M	5600M	6000M	5350M		
	4500Y	A			0M			30,866M
	19/07/2010	4600M	4800M	4700M	3600M	5800M	Meet	
	A	9300Y			A	Meet		32,006M
	26/07/2010	4400M	3780M	4300M	3900M	5600M	3900M	Meet
					A			25,880M
<b>BEAVIS, NARELLE</b>								
SSC NATIONAL ELITE S								NA
05/07/2010								NA
5 weeks: 42,730								NA
Weekly Avg: 8,546M	12/07/2010	5000M	4800M	A	6000M	5350M		
	A	A			0M			21,150M
	19/07/2010	A	4800M	4700M	A	A		
	A	A			A			9,500M
	26/07/2010	4400M	3780M	A	3900M	A	A	
					A			12,080M
<b>GRECH, ADRIANNA</b>								
SSC NATIONAL ELITE S		5200M	4400M	6000M	2100M	A		
	5000M	6100M	A	6900M	7100M			42,800M
05/07/2010		5900M	4300M	A	3900M			
5 weeks: 153,702	4300M	3400M	5300M	5000M				32,100M
Weekly Avg: 30,740M	12/07/2010	5000M	4800M	5600M	6000M	A		
	4500Y	A			0M			25,516M
	19/07/2010	A	4800M	4700M	3600M	5800M	Meet	
	A	9300Y			A	Meet		27,406M
	26/07/2010	4400M	3780M	4300M	3900M	5600M	3900M	Meet
					A			25,880M
<b>GRECH, MONIQUE</b>								
SSC NATIONAL ELITE S		5200M	4400M	6000M	2100M	A		
	5000M	6100M	A	6900M	7100M			42,800M
05/07/2010		5900M	4300M	A	3900M			
5 weeks: 148,902	4300M	3400M	5300M	5000M				32,100M
Weekly Avg: 29,780M	12/07/2010	5000M	A	5600M	6000M	A		
	4500Y	A			0M			20,716M
	19/07/2010	A	4800M	4700M	3600M	5800M	Meet	
	A	9300Y			A	Meet		27,406M
	26/07/2010	4400M	3780M	4300M	3900M	5600M	3900M	Meet
					A			25,880M

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<b>GRIFFIN, ASHLEE</b>								
SSC NATIONAL ELITE S		5200M	4400M	6000M	A	4600M		
	A	A	A	A	A			20,200M
05/07/2010		5900M	4300M	6500M	A			
5 weeks: 92,750	A	A	A	A				16,700M
Weekly Avg: 18,550M		5000M	4800M	5600M	6000M	5350M		
	A	A			0M			26,750M
12/07/2010	4600M	4800M	A	3600M	5800M	Meet	S	
	A	A			A			18,800M
19/07/2010	S	S	S	S	5600M	3900M		
26/07/2010					800M			10,300M
<b>GRIFFIN, BROOKE</b>								
SSC NATIONAL ELITE S		5200M	4400M	6000M	2100M	4600M		
	5000M	A	4900M	A	A			32,200M
05/07/2010		5900M	4300M	A	3900M			
5 weeks: 143,140	A	3400M	A	A				17,500M
Weekly Avg: 28,628M		5000M	4800M	5600M	6000M	Meet		
	4500Y	5600Y			0M			30,638M
12/07/2010	4600M	4800M	4700M	3600M	5800M	Meet	S	
	4500Y	9300Y			A			36,122M
19/07/2010	4400M	3780M	4300M	3900M	5600M	3900M	Meet	
26/07/2010					800M			26,680M
<b>HOWELL, MIKAYLA</b>								
SSC NATIONAL ELITE S		A	A	A	A	A		
	5000M	A	A	A	A			5,000M
05/07/2010		A	A	A	A			
5 weeks: 22,780	A	A	A	A				NA
Weekly Avg: 4,556M		5000M	A	A	A	A		
	A	A			A			5,000M
12/07/2010	A	A	4700M	A	A	Meet	Meet	
19/07/2010	A	A			A			4,700M
26/07/2010	A	3780M	4300M	A	A	A		8,080M
<b>HUYNH, NATHAN</b>								
SSC NATIONAL ELITE S		A	A	A	2100M	4600M		
	5000M	6100M	4900M	6900M	7100M			36,700M
05/07/2010		A	A	A	3900M			
5 weeks: 139,190	4300M	3400M	5300M	5000M				21,900M
Weekly Avg: 27,838M		5000M	4800M	A	6000M	5350M		
	4500Y	5600Y			0M			30,388M
12/07/2010	A	4800M	4700M	A	5800M	Meet	Meet	
19/07/2010	4500Y	9300Y			0M	Meet		27,922M
26/07/2010	A	3780M	4300M	3900M	5600M	3900M	Meet	
					800M			22,280M
<b>LYON, CASEY</b>								
SSC NATIONAL ELITE S		5200M	A	A	A	A		
	5000M	A	A	A	A			10,200M
05/07/2010		5900M	A	6500M	A			
5 weeks: 119,940	4300M	3400M	5300M	A				25,400M
Weekly Avg: 23,988M		5000M	4800M	5600M	6000M	A		
	4500Y	5600Y			0M			30,638M
12/07/2010	4600M	4800M	A	3600M	5800M	Meet	Meet	
19/07/2010	4500Y	9300Y			A			31,422M
26/07/2010	A	3780M	4300M	3900M	5600M	3900M	Meet	
					800M			22,280M

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	MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL
<b>MCNAMARA, SARAH</b>								
SSC NATIONAL ELITE S								
28/06/2010								
					7100M			7,100M
05/07/2010								NA
5 weeks: 39,130								NA
Weekly Avg: 7,826M								
						5350M		5,350M
12/07/2010								
							Meet	
19/07/2010							Meet	
					Meet			NA
26/07/2010	4400M	3780M	4300M	3900M	5600M	3900M	Meet	26,680M
					800M			
<b>RUSSO, EMMA</b>								
SSC NATIONAL ELITE S								
28/06/2010								
								NA
05/07/2010								NA
5 weeks: 61,280								NA
Weekly Avg: 12,256M								
12/07/2010		5000M	4800M	5600M	6000M	A		21,400M
	A	A			0M			
19/07/2010	4600M	4800M	4700M	3600M	5800M	Meet	Meet	23,500M
	A	A			0M	Meet		
26/07/2010	4400M	3780M	4300M	A	A	3900M	Meet	16,380M
					A			
<b>SMITH, EMILY</b>								
SSC NATIONAL ELITE S								
28/06/2010		A	4400M	A	2100M	4600M		
	A	A	A	A	A			11,100M
05/07/2010		5900M	4300M	A	3900M			
5 weeks: 58,480		A	A	A				14,100M
Weekly Avg: 11,696M								
12/07/2010		5000M	4800M	A	A	A		9,800M
	A	A			0M			
19/07/2010	A	4800M	4700M	A	5800M			15,300M
	A	A			A			
26/07/2010	4400M	3780M	A	A	A	A		8,180M
					A			
<b>STRUTT, GLENN</b>								
SSC NATIONAL ELITE S								
28/06/2010		5200M	4400M	6000M	2100M	4600M		
	5000M	6100M	4900M	6900M	7100M			52,300M
05/07/2010		5900M	4300M	6500M	3900M			
5 weeks: 185,790		4300M	3400M	5300M	5000M			38,600M
Weekly Avg: 37,158M								
12/07/2010		5000M	4800M	5600M	6000M	5350M		35,988M
	4500Y	5600Y			0M			
19/07/2010	4600M	4800M	4700M	3600M	5800M		Meet	36,122M
	4500Y	9300Y			Meet	Meet		
26/07/2010	4400M	3780M	4300M	A	5600M	3900M	Meet	22,780M
					800M			
<b>TIBERI, LUKE</b>								
SSC NATIONAL ELITE S								
28/06/2010		5200M	4400M	6000M	2100M	4600M		
	5000M	6100M	4900M	6900M	7100M			52,300M
05/07/2010		5900M	4300M	6500M	3900M			
5 weeks: 185,390		4300M	3400M	5300M	5000M			38,600M
Weekly Avg: 37,078M								
12/07/2010		5000M	4800M	5600M	6000M	5350M		35,988M
	4500Y	5600Y			0M			
19/07/2010	4600M	4800M	4700M	3600M	5800M	Meet	Meet	36,122M
	4500Y	9300Y			Meet			
26/07/2010	4400M	3780M	A	3900M	5600M	3900M	Meet	22,380M
					800M			

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	MON	TUE	WED	THU	FRI	SAT	SUN	TOTAL
<b>WILLIAMS, KEELY</b>								
SSC NATIONAL ELITE S								28/06/2010
								NA
								05/07/2010
5 weeks: 32,030								NA
Weekly Avg: 6,406M								12/07/2010
						5350M		5,350M
							Meet	19/07/2010
					Meet	Meet		NA
	4400M	3780M	4300M	3900M	5600M	3900M		26/07/2010
					800M			26,680M