



Dear Parents, Coaches and Athletes

The following is the meet information for the **Lilydale Encouragement LC Meet** being held on **Sunday July 12, 2009**

This event is open to all SSC swimmers from **Carrum Downs, Hampton Park, Narre Warren and Rowville (SSC Development and Intraclub Squads)**

It is recommended that SSC swimmers entering this event swim in all four individual events. Swimmers attending this event will be expected to participate in club relays.

Confirmation Deadline 8:00pm Friday June 12, 2009

Meet Date: Sunday July 12, 2009

Meet Location: Centenary Pool, Hawthorn Road, Kilsyth

Start Times: Athlete Check In/Dryland 12:45pm, Pool Warm Up 1:00pm, Start 1:30pm

Eligible Athletes: Carrum Downs, Hampton Park, Narre Warren, Rowville
SSC Development & Intraclub Squads

Entry Fees: \$4.00 per event (individual)
\$8.00 per relay (SSC will cover - athletes expected to participate)

Events: 50 BK, 50 BR, 50 FLY, 50 FR

Age Groups: 8&U, 9, 10, 11, 12, 13, 14&O, Relays: Open
(Age as on the day of the event July 12, 2009)

Awards: Ribbons awarded to 1st-3rd in each age group boys/girls
Competitor ribbons for every swimmer

Meet Rules: Swimmers who have held a State QT since May 2008 for a distance of 50m
may not enter that particular stroke.

Officials: Parent support may be requested for timekeeping positions

Miscellaneous: Entry: \$3.00 per person or \$10.00 per family (2 adults/3 children)
Meet Programs \$4.00, No blocks for starts, BYO Chair
BBQ & canteen available
[Lilydale Meet Flyer](#) [SV State QT's](#)

Confirmation Deadline 8:00pm Friday June 12, 2009

(Please remit this form with payment to the SSC Mailbox by 8pm Friday June 12, 2009)

My Son/Daughter _____ will participate in the
Lilydale Encouragement LC Meet on Sunday July 12, 2009 competing in the following events:

50 BK 50 BR 50 FLY 50 FR

Total Number of Events _____ X \$4.00 = _____

Recommended SSC Athletes enter all 4 individual events and the relay coaches will review and adjust as necessary

[Please enclose total fees with this form in a sealed envelope to the SSC Mailbox]

Parent Signature: _____ Date: _____

Coach Signature: _____ Site Coord Signature: _____