

**SWIMLAND SWIM CLUB**  
**peter.howes@paulsadlerswimland.com**

**Individual Meet Results**

**ELTHAM SC MEET 15-Aug-10 SC Meters - FINA Points**

CHECK IN/DRYLAND 7:15AM

**Location: MELBOURNE SPORTS AND AQUATIC CENTRE**

**SWIMLAND SWIM CLUB [SSC-VIC] Coach: PETER HOWES**

Time	F/P/S	Event	Place	Points	Improv
<b>ALLEN, DAVID (10) M (COM)</b>					
3:22.58S 230	F # 15	Male Open 200 BREAST	23	---	-0.10
	47.87	51.93 51.75 51.03			
	36.00	35.70 34.20 38.00			
5:06.26S 351	F # 25	Male Open 400 FREE	17	---	6.13
	34.31	39.04 39.32 39.15 38.86 39.96 38.73 36.89			
	45.30	41.00 44.30 43.00 44.00 42.00 46.80 50.50			
1:39.75S 192	F # 31	Male 11 & Under 100 BREAST	7	12	1.56
	22.23	25.87 26.17 25.48			
	43.40	35.80 32.90 37.50			
33.29S 246	F # 41	Male Open 50 FREE	55	---	0.12
	16.61	16.68			
	53.70	47.20			
<b>ALLEN, LEAH (11) F (COM)</b>					
2:35.26S 552	F # 2	Female Open 200 IM	7	12	-6.55
	33.66	40.36 46.46 34.78			
	52.60	36.50 42.00 46.80			
1:14.34S 450	F # 18	Female 11 & Under 100 BACK	2	17	-3.08
	17.55	18.49 19.03 19.27			
	40.30	39.30 38.10 36.40			
4:55.02S 527	F # 26	Female Open 400 FREE	9	9	-1.13
	31.87	35.90 37.44 37.86 38.69 38.81 38.94 35.51			
	48.60	45.60 43.70 42.50 42.80 42.20 40.90 44.80			
2:57.73S 337	F # 28	Female Open 200 FLY	14	3	-5.79
	36.63	45.02 48.43 47.65			
	42.50	43.20 38.70 41.50			
1:26.78S 415	F # 32	Female 11 & Under 100 BREAST	2	17	2.76
	18.57	22.15 22.93 23.13			
	51.20	45.80 43.00 38.20			
30.44S 477	F # 42	Female Open 50 FREE	15	2	-0.53
	14.76	15.68			
	52.90	50.20			
<b>FANTIN, NATALIE (12) F (COM)</b>					
46.98S 260	F # 4	Female Open 50 BREAST	28	---	0.62
	20.61	26.37			
	52.70	62.00			
3:47.19S 228	F # 16	Female Open 200 BREAST	39	---	---
	47.75	1:00.50 1:01.32 57.62			
	42.30	33.30 34.50 44.40			
1:44.47S 238	F # 34	Female 12-13 100 BREAST	35	---	-11.06
	21.25	28.24 26.78 28.20			
	41.30	38.40 44.00 52.30			
DQ	F # 42	Female Open 50 FREE	---	---	---
	70 False start				
3:02.42S 241	F # 52	Female Open 200 FREE	31	---	-20.14
	37.59	46.70 50.99 47.14			

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>GNADEN, THOMAS (11) M (COM)</b>					
3:21.79S	176	F # 1 Male Open 200 IM	22	---	3.33
		41.99 54.20 1:01.66 43.94			
		55.50 45.20 32.40 47.30			
40.29S	174	F # 13 Male Open 50 FLY	19	---	-2.08
		18.42 21.87			
		55.20 47.70			
1:32.69S	156	F # 17 Male 11 & Under 100 BACK	11	6	-0.71
		21.53 23.87 23.92 23.37			
		40.20 36.40 36.30 37.20			
34.97S	212	F # 41 Male Open 50 FREE	60	---	-0.67
		17.11 17.86			
		53.80 48.00			
1:43.27S	112	F # 43 Male 11 & Under 100 FLY	6	13	3.72
		19.39 24.78 29.15 29.95			
		48.50 45.10 37.40 36.30			
1:33.72S	171	F # 53 Male Open 100 IM	47	---	-7.16
		19.99 22.52 30.58 20.63			
		39.80 37.30 39.40 46.80			
<b>GRECH, ADRIANNA (11) F (COM)</b>					
NS	F # 2	Female Open 200 IM	---	---	---
NS	F # 28	Female Open 200 FLY	---	---	---
NS	F # 54	Female Open 100 IM	---	---	---
<b>GRECH, MONIQUE (13) F (COM)</b>					
3:23.47S	318	F # 16 Female Open 200 BREAST	31	---	-19.43
		46.06 52.51 52.52 52.38			
		34.40 37.10 40.70 37.80			
2:56.98S	335	F # 40 Female Open 200 BACK	19	---	4.28
		40.76 45.45 46.73 44.04			
		43.10 31.30 37.10 47.40			
2:31.20S	423	F # 52 Female Open 200 FREE	21	---	-8.02
		34.39 39.24 39.97 37.60			
		39.30 38.10 36.50 47.10			
<b>GRIFFIN, ASHLEE (15) F (COM)</b>					
1:06.70S	DQ	F # 10 Female 14-15 100 FREE	---	---	---
		14.69 16.84 17.55 17.62			
		53.70 45.70 43.20 44.10			
		70 False start			
1:18.12S	388	F # 22 Female 14-15 100 BACK	17	---	3.60
		17.82 19.02 21.00 20.28			
		44.20 40.30 36.20 33.30			
NS	F # 40	Female Open 200 BACK	---	---	---
NS	F # 52	Female Open 200 FREE	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>GRIFFIN, BROOKE (17) F (COM)</b>					
2:33.21S	575	F # 2 Female Open 200 IM	4	15	-5.14
		32.01 38.14 45.89 37.17			
		56.40 37.40 42.60 42.50			
1:09.16S	559	F # 24 Female 16 & Over 100 BACK	2	17	1.21
		15.51 17.56 17.88 18.21			
		51.20 43.20 41.00 40.70			
28.59S	575	F # 42 Female Open 50 FREE	2	17	-0.26
		13.82 14.77			
		63.80 52.70			
<b>HOWELL, MIKAYLA (15) F (COM)</b>					
NS	F # 2	Female Open 200 IM	---	---	---
NS	F # 22	Female 14-15 100 BACK	---	---	---
NS	F # 40	Female Open 200 BACK	---	---	---
<b>HUYNH, NATHAN (12) M (COM)</b>					
1:06.99S	325	F # 7 Male 12-13 100 FREE	10	7	0.41
		14.90 16.89 17.48 17.72			
		57.50 50.80 46.30 46.80			
5:07.80S	346	F # 25 Male Open 400 FREE	18	---	-4.31
		34.19 38.49 39.27 39.63 40.16 39.67 39.60 36.79			
		44.40 40.00 40.40 39.50 40.20 39.70 39.60 45.90			
2:26.35S	340	F # 51 Male Open 200 FREE	17	---	-0.43
		33.65 37.43 39.09 36.18			
		45.30 40.40 38.70 46.20			
<b>LYON, CASEY (16) F (COM)</b>					
2:51.60S	409	F # 2 Female Open 200 IM	28	---	-10.59
		36.64 43.79 53.13 38.04			
		48.90 33.80 28.00 40.00			
3:18.33S	343	F # 16 Female Open 200 BREAST	26	---	---
		46.79 50.41 50.97 50.16			
		28.50 26.60 28.20 30.30			
5:17.00S	425	F # 26 Female Open 400 FREE	17	---	-13.44
		34.87 38.51 39.78 40.26 40.79 41.44 41.48 39.87			
		40.70 36.30 35.00 35.00 33.30 33.20 33.80 36.90			
NS	F # 50	Female 16 & Over 100 FLY	---	---	---
<b>MCNAMARA, SARAH (15) F (COM)</b>					
1:29.06S	384	F # 36 Female 14-15 100 BREAST	12	5	0.46
		19.25 22.28 23.70 23.83			
		43.60 39.40 42.60 43.70			
1:21.29S	333	F # 48 Female 14-15 100 FLY	10	7	1.74
		16.32 19.59 21.61 23.77			
		53.80 45.10 43.90 44.00			
1:19.95S	409	F # 54 Female Open 100 IM	20	---	-1.32
		16.60 20.56 23.28 19.51			
		56.60 42.10 40.70 47.20			

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<b>MICALLEF, KYLE (9) M (COM)</b>					
1:23.66S 167	F # 5	Male 11 & Under 100 FREE	17	---	-1.44
	17.43	20.85 22.88 22.50			
	50.10	38.40 38.20 41.20			
1:30.33S 169	F # 17	Male 11 & Under 100 BACK	8	11	-2.37
	21.12	23.33 23.49 22.39			
	38.50	35.90 35.70 37.60			
1:58.19S 116	F # 31	Male 11 & Under 100 BREAST	20	---	5.15
	25.98	30.40 30.91 30.90			
	37.80	34.40 31.60 32.90			
1:50.26S 92	F # 43	Male 11 & Under 100 FLY	9	9	-6.76
	21.80	29.82 28.53 30.11			
	47.60	28.00 27.40 25.90			
<b>PHLORIDES, MARIA (16) F (COM)</b>					
3:33.41S 276	F # 16	Female Open 200 BREAST	35	---	5.74
	46.52	54.27 55.79 56.83			
	46.10	38.80 36.50 42.70			
1:38.21S 286	F # 38	Female 16 & Over 100 BREAST	5	14	2.24
	20.67	24.52 25.88 27.14			
	52.00	46.10 46.00 43.60			
1:38.68S 218	F # 54	Female Open 100 IM	71	---	3.97
	22.45	24.83 28.31 23.09			
	36.20	35.20 37.10 37.10			
<b>RIBAU, ALISON (11) F (COM)</b>					
NS	F # 6	Female 11 & Under 100 FREE	---	---	---
NS	F # 18	Female 11 & Under 100 BACK	---	---	---
NS	F # 32	Female 11 & Under 100 BREAST	---	---	---
NS	F # 44	Female 11 & Under 100 FLY	---	---	---
<b>RUSSO, EMMA (18) F (COM)</b>					
42.31S 355	F # 4	Female Open 50 BREAST	14	3	-1.58
	19.41	22.90			
	40.40	41.80			
1:08.04S 452	F # 12	Female 16 & Over 100 FREE	12	5	-1.08
	15.35	17.63 17.80 17.26			
	46.00	45.80 43.20 44.20			
35.57S 362	F # 14	Female Open 50 FLY	11	6	-1.48
	16.17	19.40			
	46.30	41.40			

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<b>SMITH-STEPHENS, LILY (13) F (COM)</b>					
41.74S 370	F # 4	Female Open 50 BREAST	12	5	1.25
	18.91	22.83			
	46.30	51.80			
1:20.02S 278	F # 8	Female 12-13 100 FREE	64	---	4.21
	17.27	20.96 22.63 19.16			
	48.00	41.70 38.60 41.00			
3:23.81S 316	F # 16	Female Open 200 BREAST	32	---	7.73
	44.26	52.22 54.68 52.65			
	44.20	40.20 35.20 44.00			
1:31.11S 358	F # 34	Female 12-13 100 BREAST	11	6	0.34
	19.07	23.14 23.95 24.95			
	49.00	47.30 48.60 48.60			
NS	F # 54	Female Open 100 IM	---	---	---
<b>SOUTHALL, HOLLY (12) F (COM)</b>					
3:23.59S 245	F # 2	Female Open 200 IM	43	---	-4.51
	47.83	47.77 1:04.83 43.16			
3:46.06S 232	F # 16	Female Open 200 BREAST	38	---	-7.58
	51.26	59.68 59.22 55.90			
1:45.89S 228	F # 34	Female 12-13 100 BREAST	36	---	-0.72
	23.34	27.52 26.79 28.24			
	39.40	37.00 41.50 41.60			
1:31.67S 271	F # 54	Female Open 100 IM	61	---	-4.74
	43.62	48.05			
<b>SOUTHALL, LAUREN (12) F (COM)</b>					
1:11.76S 385	F # 8	Female 12-13 100 FREE	30	---	1.82
	16.41	17.18 18.80 19.37			
	50.90	46.10 44.10 41.40			
1:19.77S 364	F # 20	Female 12-13 100 BACK	20	---	-1.36
	18.72	20.08 20.36 20.61			
	41.30	40.40 40.20 40.60			
2:57.27S 333	F # 40	Female Open 200 BACK	20	---	-1.02
	41.13	44.79 46.02 45.33			
	34.20	33.50 33.00 31.50			
2:40.18S 356	F # 52	Female Open 200 FREE	25	---	1.89
	34.93	40.48 43.63 41.14			

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<b>STRAHAN, KODILEE (12) F (COM)</b>					
3:00.87S	349	F # 2 Female Open 200 IM	34	---	-3.29
		39.82 44.29 56.69 40.07			
		42.20 42.20 39.30 45.30			
37.61S	307	F # 14 Female Open 50 FLY	22	---	0.89
		17.89 19.72			
		55.70 49.00			
1:19.99S	361	F # 20 Female 12-13 100 BACK	21	---	-0.27
		18.50 20.13 21.06 20.30			
		50.40 46.10 44.20 45.20			
33.66S	353	F # 42 Female Open 50 FREE	58	---	0.11
		16.14 17.52			
		50.40 45.80			
<b>STRUTT, GLENN (14) M (COM)</b>					
3:11.20S	274	F # 15 Male Open 200 BREAST	18	---	-3.92
		41.28 48.85 50.63 50.44			
		46.00 41.00 39.30 42.90			
1:13.39S	315	F # 21 Male 14-15 100 BACK	10	7	-0.11
		18.47 17.20 18.93 18.79			
		50.00 45.00 41.00 42.30			
33.58S	329	F # 29 Male Open 50 BACK	8	11	-0.40
		16.56 17.02			
		54.80 50.70			
2:40.21S	319	F # 39 Male Open 200 BACK	14	3	-0.60
		37.30 41.59 41.59 39.73			
		40.30 36.20 35.10 39.10			
1:22.57S	220	F # 47 Male 14-15 100 FLY	10	7	-1.44
		17.58 20.66 22.04 22.29			
		56.60 40.80 39.80 39.70			
<b>TIBERI, LUKE (14) M (COM)</b>					
2:44.85S	323	F # 1 Male Open 200 IM	12	5	0.39
		34.15 43.45 50.25 37.00			
		47.10 37.80 40.40 43.60			
1:05.50S	347	F # 9 Male 14-15 100 FREE	24	---	-1.11
		14.90 17.08 16.72 16.80			
		54.30 45.80 51.50 52.10			
1:16.35S	278	F # 47 Male 14-15 100 FLY	8	11	1.35
		16.25 19.51 19.42 21.17			
		52.70 45.80 43.60 43.30			
1:15.48S	328	F # 53 Male Open 100 IM	25	---	-0.84
		15.68 19.03 23.16 17.61			
		62.70 48.60 50.20 51.20			
<b>WILLIAMS, CAITLIN (8) F (COM)</b>					
2:01.70S	150	F # 32 Female 11 & Under 100 BREAST	39	---	---
		25.80 30.93 31.83 33.14			
		37.90 35.20 36.10 33.70			
43.76S	160	F # 42 Female Open 50 FREE	111	---	-0.76

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<b>WILLIAMS, KEELY (12) F (COM)</b>					
41.32S 268	F # 30	Female Open 50 BACK	28	---	0.94
	20.00	21.32			
	42.40	36.20			
3:04.93S 293	F # 40	Female Open 200 BACK	26	---	2.50
	42.15	47.11 48.66 47.01			
	33.20	35.00 33.30 37.70			
1:39.64S 181	F # 46	Female 12-13 100 FLY	25	---	2.34
	44.99	54.65			
	33.40	33.00			
<b>ZOLDAK, JARROD (12) M (COM)</b>					
3:27.13S 163	F # 1	Male Open 200 IM	23	---	-5.64
	43.17	48.82 1:07.29 47.85			
6:32.79S 167	F # 25	Male Open 400 FREE	21	---	6.18
	41.10	47.88 50.33 49.79 52.53 51.73 52.51 46.92			
	38.90	36.50 34.30 33.90 33.30 34.20 33.80 40.30			
2:05.12S 97	F # 33	Male 12-13 100 BREAST	25	---	2.37
	27.59	33.69 32.59 31.25			
	32.60	26.50 29.70 35.90			
3:09.73S 156	F # 51	Male Open 200 FREE	27	---	-2.14
	41.13	49.59 51.15 47.86			